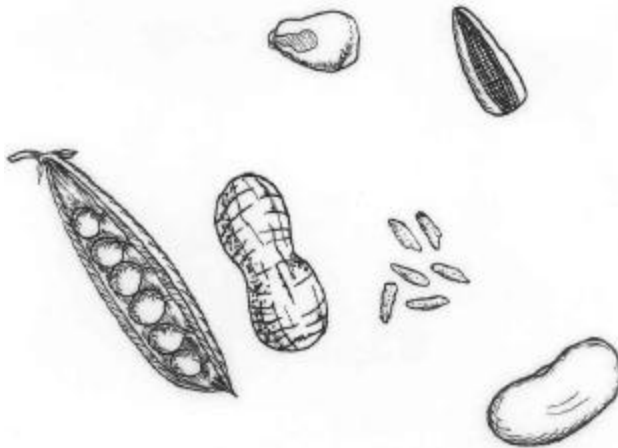


Growing Seeds Indoors: Seed Exploration

Look at the seeds shown below.



Do you know the names of all of these? Write the correct name beside each seed. In magazines, **find** as many pictures as you can showing different foods and other products made from each of these seeds. If possible, find some real seeds of each of these types.

Make a display with the seeds and pictures. Which seeds do we eat whole? _____
_____ (example: rice and peanuts)

Which seeds are ground up and made into different foods? _____
_____ (example: cornmeal)

Show your display to your group.