

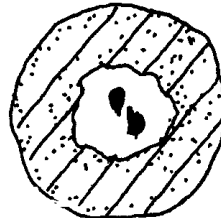
Growing Seeds Indoors: What should I plant my seeds in?

There are many different products in which you can plant your seeds. Look at the list below. You should be able to find all of these growing materials at a garden center or a store that sells gardening supplies.

NOTE: All of these products use soilless mix, which is a mix of peat moss and either perlite or vermiculite. Soilless mix is used to start seedlings because it is clean and will keep young plants healthy.

1. Peat pellets

Containers for seedlings made of peat moss and covered with netting. Peat pellets expand when soaked in water. Seeds are planted right in the expanded peat pellet. Once the plant is big enough to re-plant in the garden, the whole peat pellet is put right in the ground with the plant.



2. Peat pots:

Pots made of peat moss that can be filled with a soilless mix. Once the plant is big enough to re-plant in the garden, the peat pot is put right in the ground with the plant.

3. Jiffy-mix (pro-mix, sunshine mix etc.):

Pre-made soilless mixes for starting seeds and plants. Soilless mix is used to fill peat pots or other small containers for starting seeds. Most soilless mixes contain enough fertilizer for plants to reach the transplanting stage.

Have you used any of these to start seeds before? _____
Which type sounds best to you? _____ Why? _____