

Growing Fruit: Searching for Seeds in Fruit

Go to the kitchen refrigerator and **look** for some fruit your family enjoys eating. With the help of an adult, **cut** a fruit open to find the seeds. Even some foods that we call “vegetables,” such as cucumbers, peppers, and tomatoes, are really the fruit of a plant and have seeds. **Make** a list of all the fruits with seeds you find in your kitchen. _____

Choose a ripe fruit (or “vegetable”) **from the list below**. **Cut** open the fruit, and **take** some of the seeds to **plant** in a container or in your garden. **Mark** them with a label to help you remember what you planted. If the seeds are from tropical fruit, such as oranges or lemons, they will need warmth to help them grow, so you might want to **plant** them in containers that you **bring inside** when it gets cold outside. The following seeds will usually sprout:

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|------------|--------|
| apricot | tomato |
| cherry | orange |
| plum | lime |
| avocado | lemon |
| grapefruit | grape |

